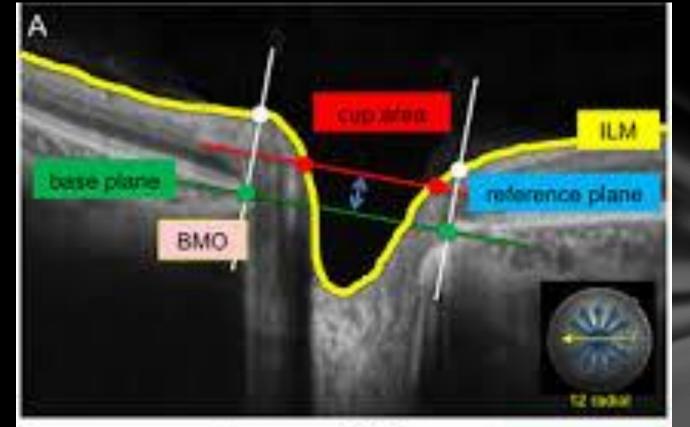
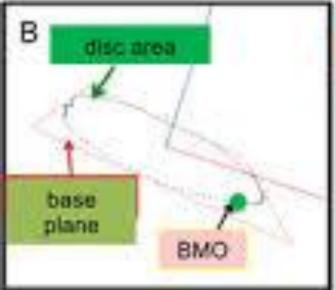
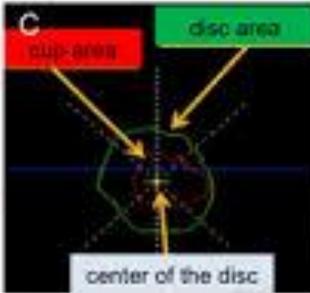
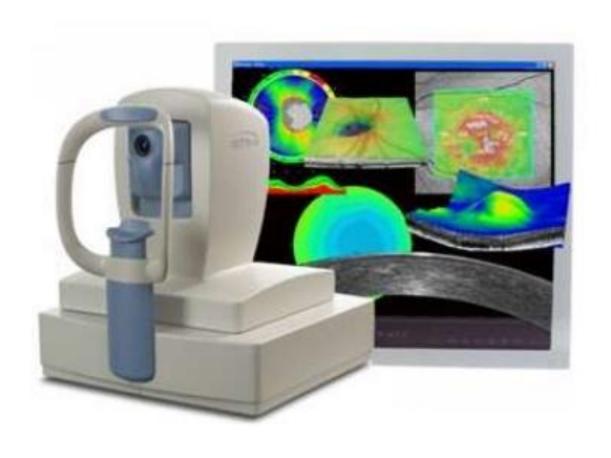
# Imagining techniques in glaucoma

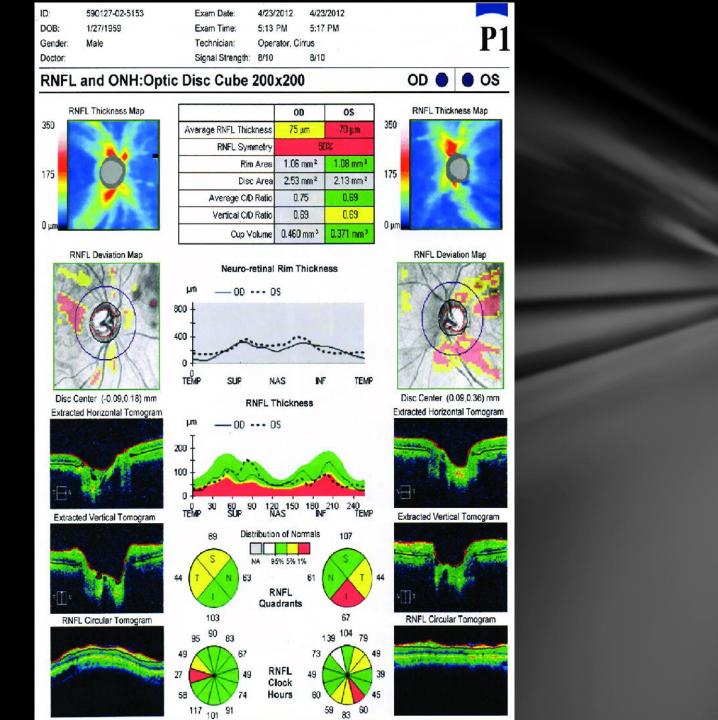






# OPTICAL COHERENCE TOMOGRAPHY





## LIMITATIONS:

- Results less reliable when signal strength is poor.
- RNFL thickness values are affected by age, axial length, disc size.
- Eye blinking or saccade alignment is poor unreliable RNFL measurement.
- Age related loss confound with identification of glaucoma.

# Imaging Techniques for optic Disc and RNFL evaluation in glaucoma

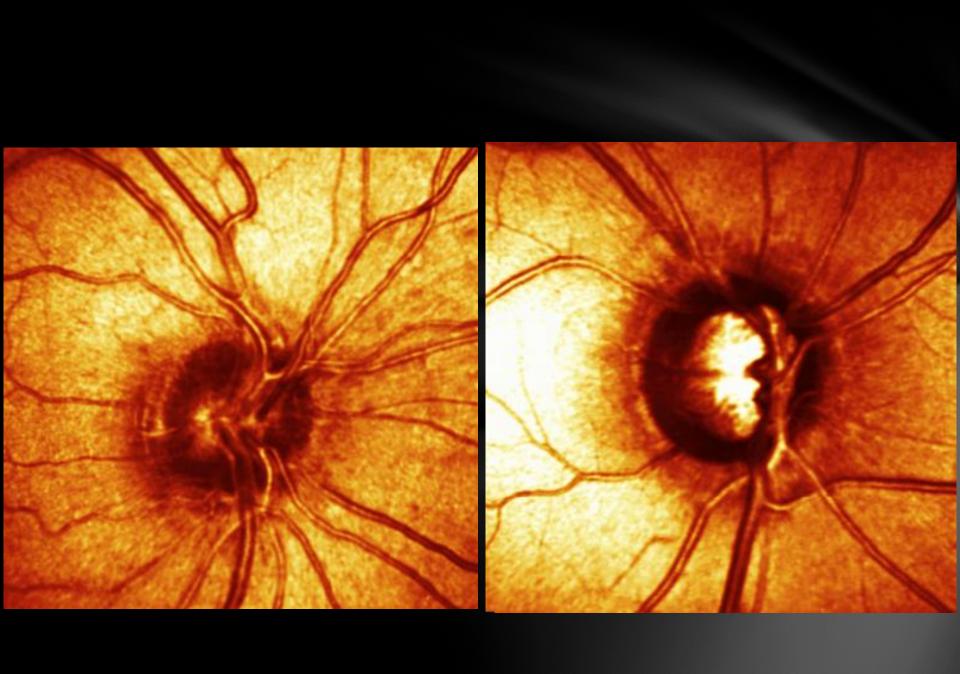
- Confocal scanning laser ophthalmoscopy (HRT; Heidelberg Retinal Tomography; Heidelberg Engineering, Heidelberg, Germany)
- Scanning Laser polarimetry (GDx; Carl Zeiss Meditec, Dublin, California, USA)
- Optical Coherence Tomography ( OCT ; Carl Zeiss Meditec )

# CONFOCAL SCANNING LASER OPHTHALMOSCOPE - HRT



 HRT enables quantitative evaluation of all relevant anatomical structures – cup, rim and RNFL (retinal nerve fiber layer). With highest spatial resolution of any imaging device for glaucoma diagnosis, HRT provides comprehensive data for glaucoma detection and follow-up assessment





#### Heidelberg Retina Tomograph Regression Analysis



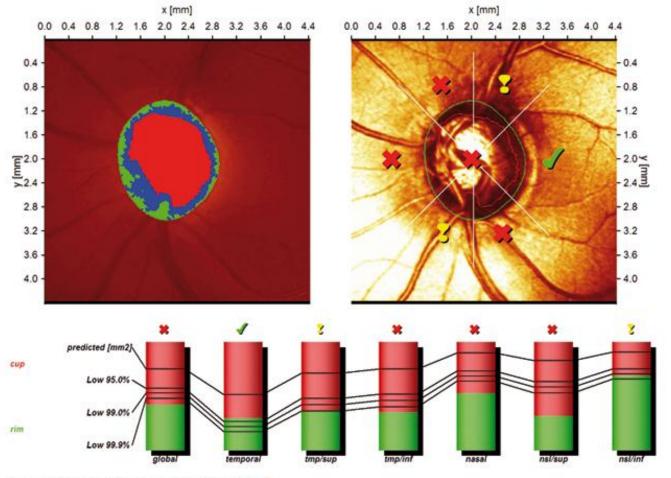
os

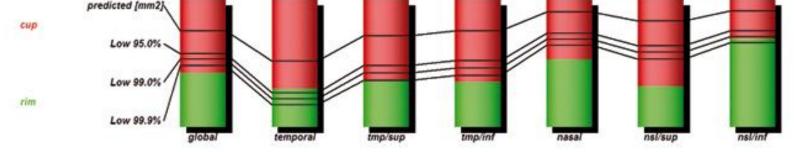
Patient: Glaucoma, Outside

Sex: male DOB: 14.Dez.1951 Pat-ID: Caucasian Ethnicity: (Caucasian)

Examination: Date:

Scan: Focus: -1.00 dpt Depth: 3.50 mm Operator: dcp IOP: ---





Moorfields Regression Classification: Outside normal limits (\*)

(\*) Moorfields regression classification (Ophthalmology 1998;105:1557-1563). Classification based on statistics. Diagnosis is physician's responsibility.

Rim Area	global	temporal	tmp/sup	tmp/inf	nasal	nsl/sup	nst/int
actual (mm2)	1.08	0.17	0.12	0.13	0.31	0.11	0.24
predicted [mm2]	1.92	0.30	0.23	0.27	0.52	0.30	0.31
low 95.0% CI lim. [mm2]	1.47	0.16	0.16	0.18	0.42	0.23	0.26
low 99.0% CI lim. [mm2]	1.35	0.13	0.14	0.16	0.40	0.21	0.24
low 99.9% Cl lim. [mm2]	1.22	0.10	0.12	0.14	0.37	0.19	0.23
actual/disc area [%]	42.4	29.9	36.8	35.6	52.9	32.0	69.3
predicted [%]	75.2	51.3	71.0	75.2	89.9	82.9	90.6
low 95.0% CI lim. [%]	57.5	26.8	47.7	51.9	73.2	63.4	74.9
low 99.0% CI lim. [%]	52.8	21.9	42.1	46.1	68.6	58.2	70.6
low 99.9% CI lim. [%]	47.8	17.2	36.3	40.2	63.6	52.7	65.8

Date: 18.Aug.2009 Signature:

## **Complete ONH Assessment**

HRT checks all vital structure of optic nerve head:

#### CUP

- C/D Ratio
- Shape
- Asymmetry

#### RIM

- Area & Volume
- Asymmetry

#### RNFL

- Height Variation Contour
- Thickness
- Asymmetry

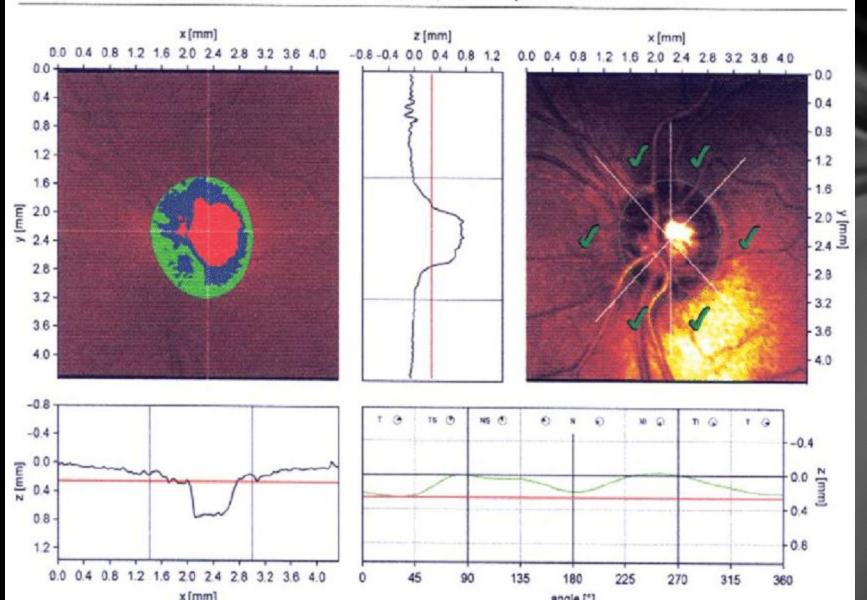
Patient:

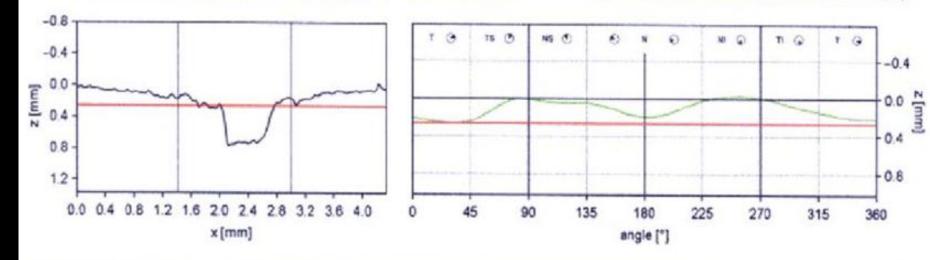
Examination:

Date: 21/Aug/2003

Scan:

Focus: 1.00 dpt Depth: 2.75 mm Operator: Rajesh IOP: ---





1.0

Stereometric analysis ONH		Normal range	
Disk area Cup area Rim area Cup volume Rim volume Cup/disk area ratio Linear cup/disk ratio	2.133 mm <sup>2</sup> 0.598 mm <sup>2</sup> 1.535 mm <sup>2</sup> 0.156 cmm 0.234 cmm 0.280 0.529	1.69 - 2.82 0.26 -1.27 1.20 -1.78 -0.01 - 0.49 0.24 - 0.49 0.16 - 0.47 0.36 - 0.80	Low 99.0% Low 99.0% Low 99.0% Low 99.0% Low 99.0% Moorfields Classification Vithin normal limits (*)  (*) Moorfields regression classification (Cottensimology 1998, 105.1557-1563) Classification based on statistics. Diagnosis is physician's responsibility.
Mean cup depth Maximum cup depth Cup shape measure Height variation contour Mean RNFL thickness RNFL cross-sectional area Reference height	0.211 mm 0.634 mm -0.226 0.295 mm 0.155 mm 0.801 mm <sup>2</sup> 0.263 mm	0.14 - 0.38 0.46 - 0.90 -0.270.09 0.30 - 0.47 0.18 - 0.31 0.95 - 1.61	Comments:
Topography std dev.	12 µm		Date: 04/Aug/2004 Signature:

#### Heidelberg Retina Tomograph OU Report

Patient: Pat-ID: DOB:

1930

Examination: Mar/22/2001

Gen

Gender: female

Ethnicity:

Quality: Very good (SD 14 µm)

Focus: 2.00 dpt Operator: —

OD

OS

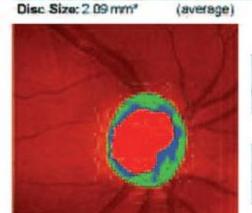
Quality: Very good (SD 13 µm)

Focus: 2.00 dpt Operator: —

Operat

Disc Size: 2.42 mm²

(average)



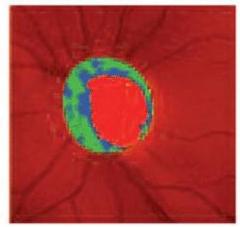
#### CUP

#### Linear Cup/Disc Ratio []

0.71	Asymmetry &	0.70
p = 0.05	p = 0.41	p = 0.09

#### Cup Shape Measure []

0.06	Asymmetry *	-0.06
p < 0.001	p < 0,001	p = 0.12





#### RIM

#### Rim Area [mm²]

1.05.	Asymmetry -0.18	1.23 3
p < 0.001	p = 0.27	p = 0.003

#### Rim Volume [mm<sup>-7</sup>]

0.22	Asymmetry &	0.27
p = 0.06	p = 0.4	p = 0.1

MRA: Borderline



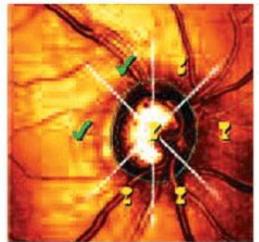
MRA: Outside normal limits



RNFL

Height Variation Contour [mm]





MRA: Borderline

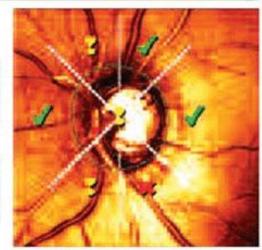
### RIM

#### Rim Area [mm²]

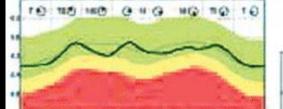
1.05	Asymmetry -0.18	1.23 3
p < 0.001	p = 0.27	p = 0.003

#### Rim Volume [mm<sup>-</sup>]

022	Asymmetry &	0,27
p = 0.06	p = 0.4	p = 0.1



MRA: Outside normal limits



RNFL Profile

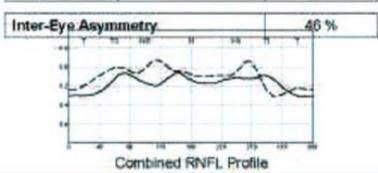
### RNFL

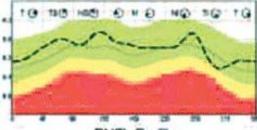
#### Height Variation Contour [mm]

0.26	Asymmetry / -0.13	0.39
p = 0.16	p = 0.05	p > 0,5

#### Mean RNFL Thickness [mm]

0.19	Asymmetry &	0.19
p = 0.24	p = 0.4	p = 0.24





RNFL Profile

Comments:

Signature

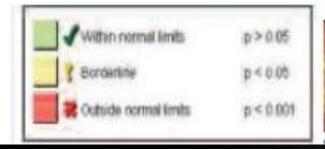
Date: 11/8/2005

- Wither normal limits	p = 0.05
3 Borderline	$\mu < 0.05$
Cutside normal lemts	p < 0.001

OD RNFL profile
OS RNFL profile
RNFL profile median

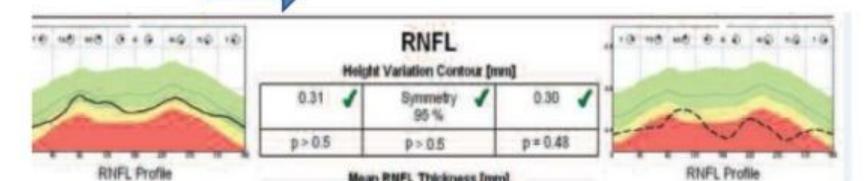
Software Version: 3.0.2/370
www.HeidelbergEngineering.com

- Classification symbol also based on the p value
- If the parameter within the 95% normal range (p>.05), Greenv -- within normal range
- Between 5<sup>th</sup> &0.1 percentile of normal distribution (p<.05 &>0.001), yellow I point -- borderline
- p value < 0.1 percentile of normal distribution, red X -- outside normal limits-means that < 0.1% (1 out of 1,000) of all normal from the database have values this low, indicate high probability of abnormality





- Contour height graph presented with 95% normative range superimposed in green
- Lightly colored solid line gives average value for specific age, optic disc size & ethnicity
- Yellow area represents values between 5<sup>th</sup> and 0.1 percentile of normal distribution (p< .05 and greater than .001) indicating a borderline classification
- Red area represents < 0.1 percentile of normal distribution outside normal limits.



## STRENGTH:

- Low level illumination
- Undilated pupil
- Sophisticated analysis software for glaucoma detection and progress.

## LIMITATIONS:

- Relies on user defined contour line for reference plane.
- Data outside normal range are not reliable.
- Stereometric measurements influenced by changes in IOP.

# SCANNING LASER POLARIMETRY -Gdx



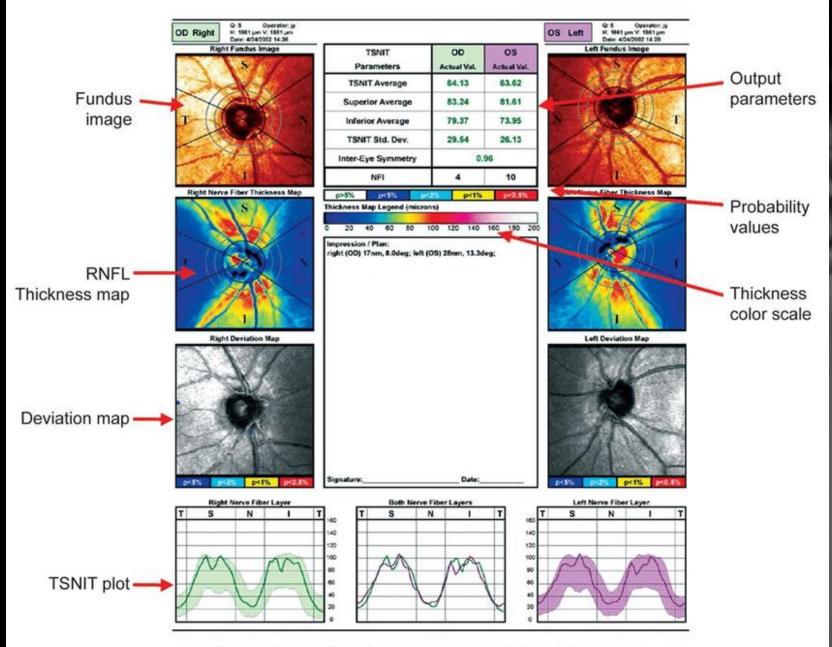
# Scanning Laser Polarimetry

- Glaucoma is characterized by loss of retinal ganglion cells and their axons i.e. retinal nerve fiber layer (RNFL).
- Several studies have shown that changes in optic nerve head (ONH) and retinal nerve fiber layer (RNFL) precede the visual field loss by several years.
- Thus, RNFL examination helps in early diagnosis of glaucoma.

# Principle

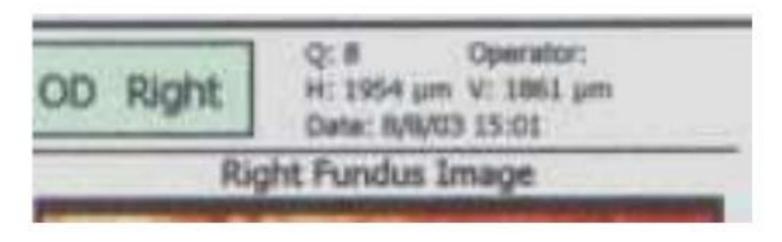
- Scanning laser polarimetry (SLP) is designed to quantitatively assess the thickness of the peripapillary RNFL.
- It is based on the measurement of a physical property called retardation of an illuminating laser beam passing through the birefringent RNFL.
- Birefringence in the nerve fiber layer arises from the parallel arrangement of microtubules within the axons of this layer.

## Nerve fiber analysis With variable corneal compensation



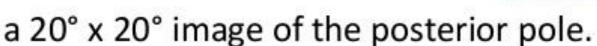
(Temporal — Superior — Nasal — Inferior — Temporal)

- Patient's identification data
- Image quality score: Scores of 7 or higher are considered to be of good quality, while scores less than 7 should be interpreted with caution.

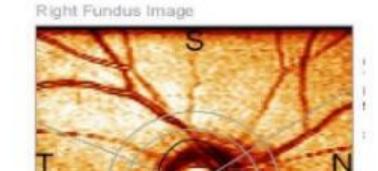


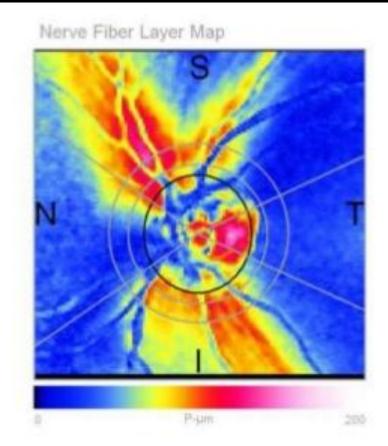
# Fundus Image

The Fundus Image is a reflectance image depicting

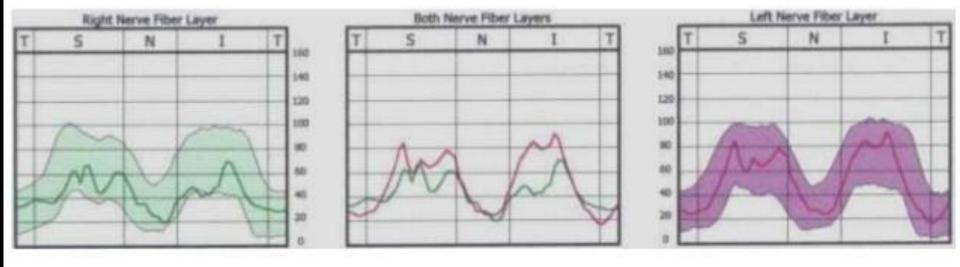


- The GDx utilizes more than 16,000 data points from the scan area to produce and display the Fundus Image showing the optic nerve head.
- This image allows the initial quality evaluation of the scan to determine if it is adequate for further analysis and is used for centering the ONH ellipse



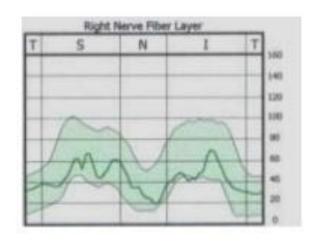


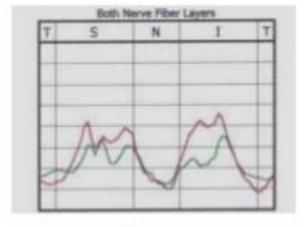
 A typical normal pattern is characterized by bright yellows and reds (thicker) in the superior and inferior sectors, and greens and blues (thinner) in the nasal and temporal sectors.

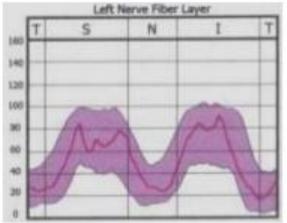


Symmetry Analysis report, the TSNIT
 (Temporal-Superior-Nasal-Inferior-Temporal)
 nerve fiber layer graph displays the normal range (shaded area) and patient's values of RNFL developed from the measurement data obtained along the Calculation Circle.

- The green plot displays the right eye (OD), and the purple plot displays the left eye (OS).
- The left side of the graph starts the plot from the Calculation Circle, beginning at the temporal side of the retina.
- As the map progresses to the right it plots the RNFL values obtained by tracing around the Calculation Circle, passing through the Temporal, Superior, Nasal, Inferior, and then back to the Temporal positions.

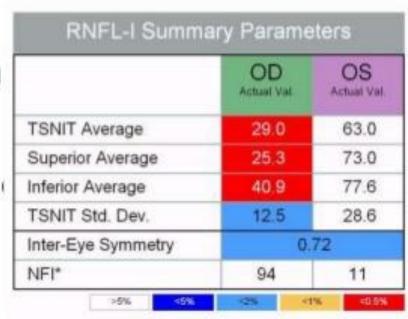






## Parameters Table

- It presents parameters computed from the Calculation Circle and they a compared to values
   from the normative database
- Values are color- coded to indicate deviation from normal, as in the Deviation Map.



 TSNIT Average :This parameter evaluates the average RNFL (μm) in the Calculation Circle.
 ( Normal 46 -68 μm)

 Superior Average: This is the average of all pixels (μm) in the superior 120 degrees of the Calculation Circle. (Normal 55 - 85 μm)  Inferior Average: This is the average of all pixels (μm) in the inferior 120 degrees of the Calculation Circle.

( Normal 40 - 75 μm)

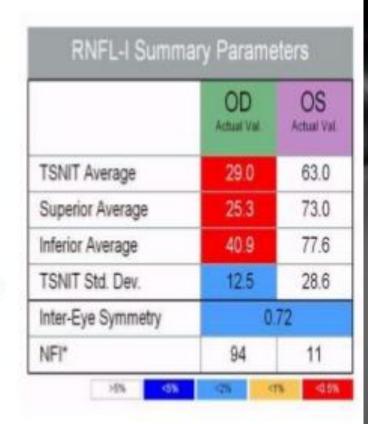
TSNIT Std. Dev. (Standard Deviation): This
number represents the standard deviation of the
values contained in the Calculation Circle. The
higher the number, the greater the modulation
of the double-hump pattern.

	OD Actual Val.	OS Actual Va
TSNIT Average	29.0	63.0
Superior Average	25.3	73.0
Inferior Average	40.9	77.6
TSNIT Std. Dev.	12.5	28.6
Inter-Eye Symmetry	0.	72
NFI*	94	11

## Inter-Eye Symmetry

- This is the correlation of corresponding points in the TSNIT data for right and left eyes.
- The closer the ratio is to 1.0, the more symmetric the nerve fiber layer.
- If only one eye is evaluated, this value is not shown.

- The Nerve Fiber Indicator (NFI) for GDx is an algorithm that analyzes the entire RNFL profile.
- The NFI is an indicates the likelihood that the polarimetric retinal nerve fiber layer map is abnormal.
- A higher number is more likely to be related to abnormality, but is not definitive NFI (Nerve Fiber Indicator)



# Advantages

- Easy to operate
- Does not require pupillary dilation
- Comparison with age matched normative database
- Good reproducibility
- Does not require a reference plane.

## Limitations

- Affected by anterior and posterior segment pathologies.
- Does not measure actual RNFL thickness
- Limited use in moderate/advanced glaucoma.
- Difficult in nystagmus, very small pupil and media opacities.
- Requires wider database for Indian population.
- Young patients database not available.
- Backward compatibility not present.

## IMAGING TECHNOLOGIES

- Scanning laser polarimetry- GDx.
- Confocal scanning laser ophthalmoscopy-Heidelberg Retina Tomograph(HRT)
- Optical coherence tomography

#### Normative Stereometric Parameters

PARAMETER	NORMAL	EARLY	MODERATE	ADVANCED
Disc Area (mm2)	2.257 ± 0.563	2.345 ± 0.569	2.310 ± 0.554	2.261 ± 0.461
Cup Area (mm2)	0.768 ± 0.505	0.953 ± 0.594	1.051 ± 0.647	1.445 ± 0.562
Rim Area (mm2)	1.489 ± 0.291	1.3 93 ±0.340	1.260 ± 0.415	0.817 ± 0.334
Cup Volume (mm3)	0.240 ± 0.245	0.294 ± 0.270	0.334 ± 0.318	0.543 ± 0.425
Rim Volume (mm3)	0.362 ± 0.124	0.323 ± 0.156	0.262 ± 0.139	0.128 ± 0.096
Cup/Disc Area Ratio	0.314 ± 0.152	0.380 ± 0.179	0.430 ± 0.203	0.621 ± 0.189

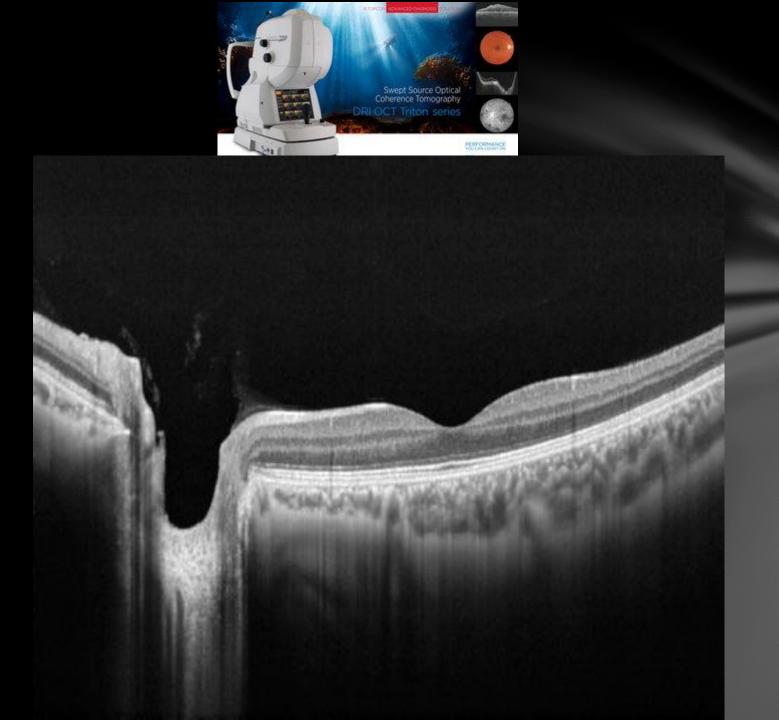
PARAMETER	NORMAL	EARLY	MODERATE	ADVANCED
Mean Cup Depth (mm)	0.262 ± 0.118	0.279 ± 0.115	0.289 ± 0.130	0.366 ± 0.182
Maximum Cup Depth (mm)	0.679 ± 0.223	0.680 ± 0.210	0.674 ± 0.249	0.720 ± 0.276
Cup Shape Measure	-0.181 ± 0.092	-0.147 ± 0.098	-0.122 ± 0.095	-0.036 ± 0.096
Height Variation Contour (mm)	0.384 ± 0.087	0.364 ± 0.100	0.330 ± 0.108	0.256 ± 0.090
Mean RNFL Thickness (mm)	0.384 ± 0.063	0.217 ± 0.076	0.182 ± 0.086	0.130 ± 0.061
RNFL Cross- Sectional Area (mm2)	1.282 ± 0.328	1.155 ± 0.396	0.957 ± 0.440	0.679 ± 0.302

#### DIAGNOSTIC ACCURACY

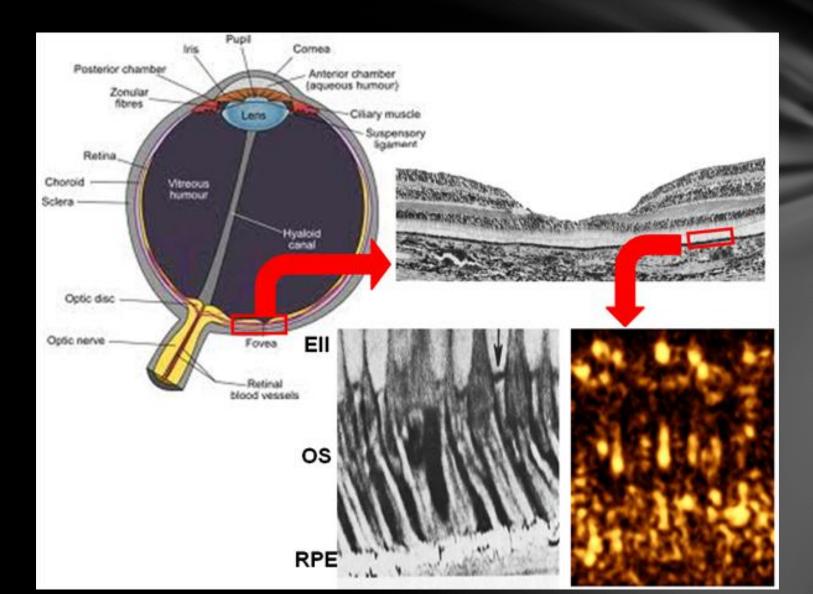
	GDX	HRT	ост
SPECIFICITY	72%to78%	86%	> 90%
SENSTIVITY	56%to 92%	84%	67% to 84%

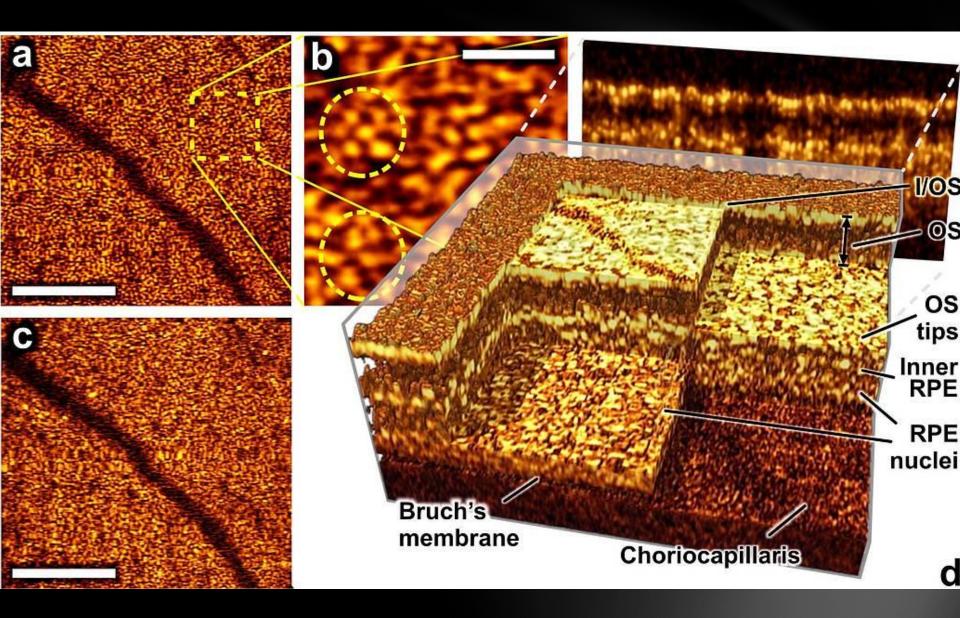
# FUTURE DEVELOPMENTS IN GLAUCOMA IMAGING

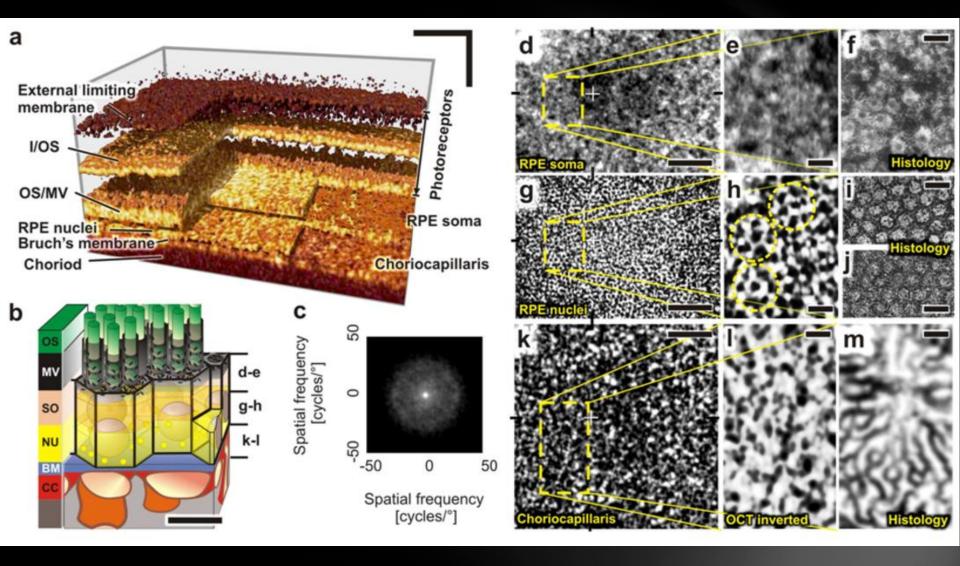
- SWEPT –SOURCE OCT
- LONGER WAVELENGTH OCT
- ADAPTIVE OPTIC OCT
- POLARIZATION SENSITIVE OCT
- OCT ANGIOGRAPHY: ANGIOVUE

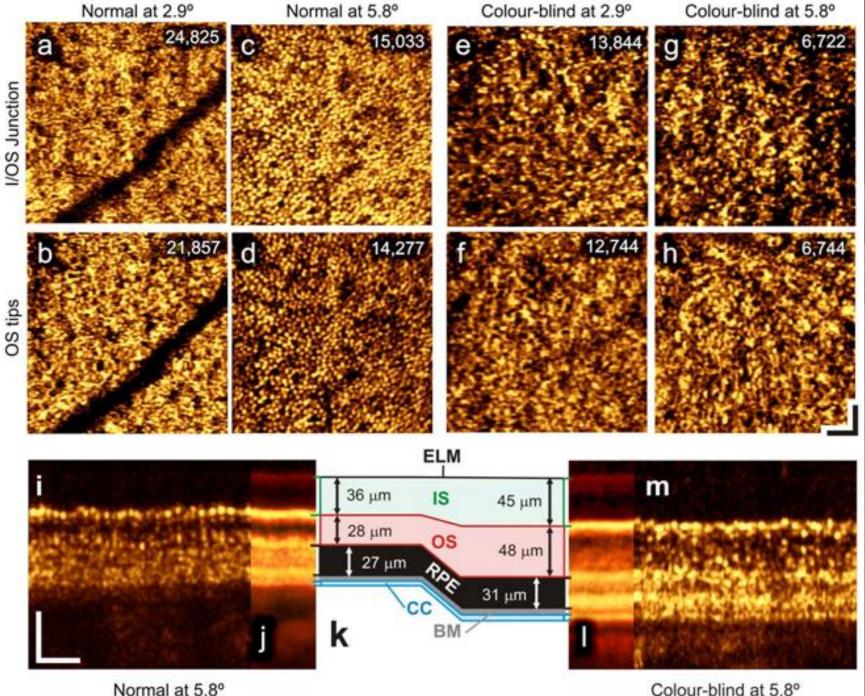


### Adaptive optic OCT

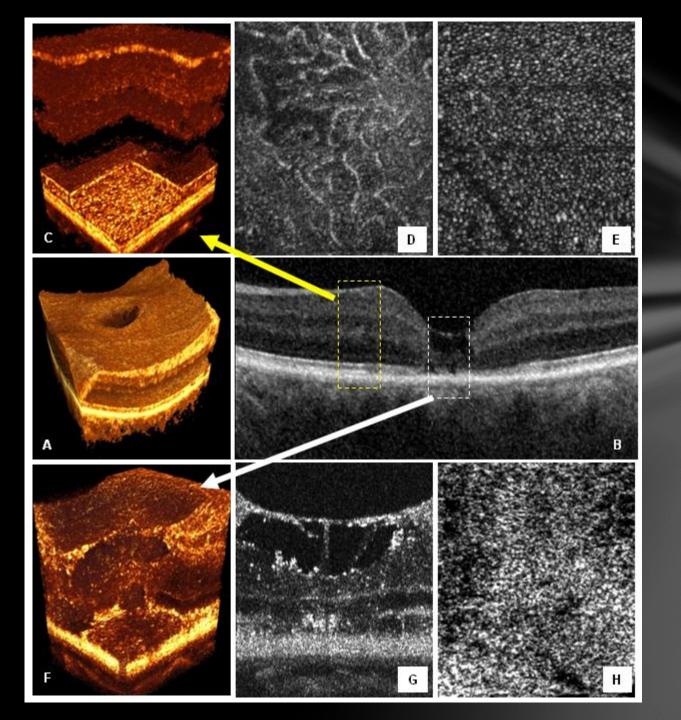






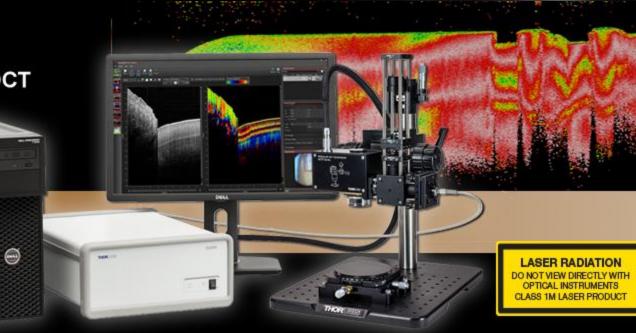


Normal at 5.8° Colour-blind at 5.8°

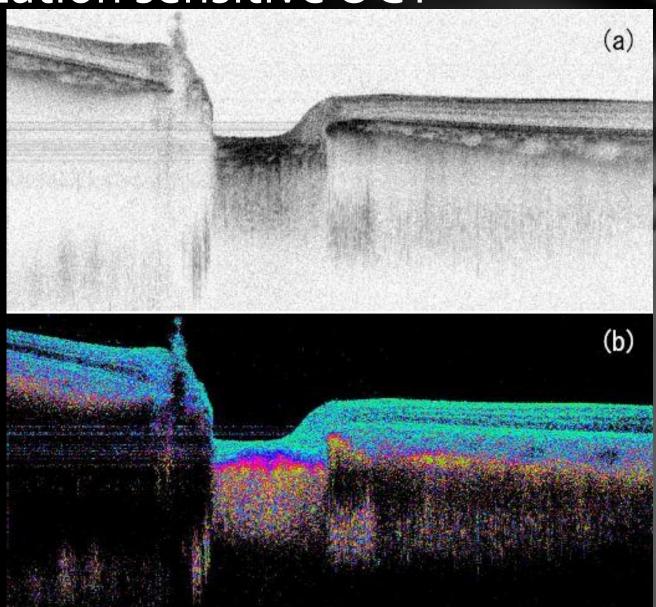




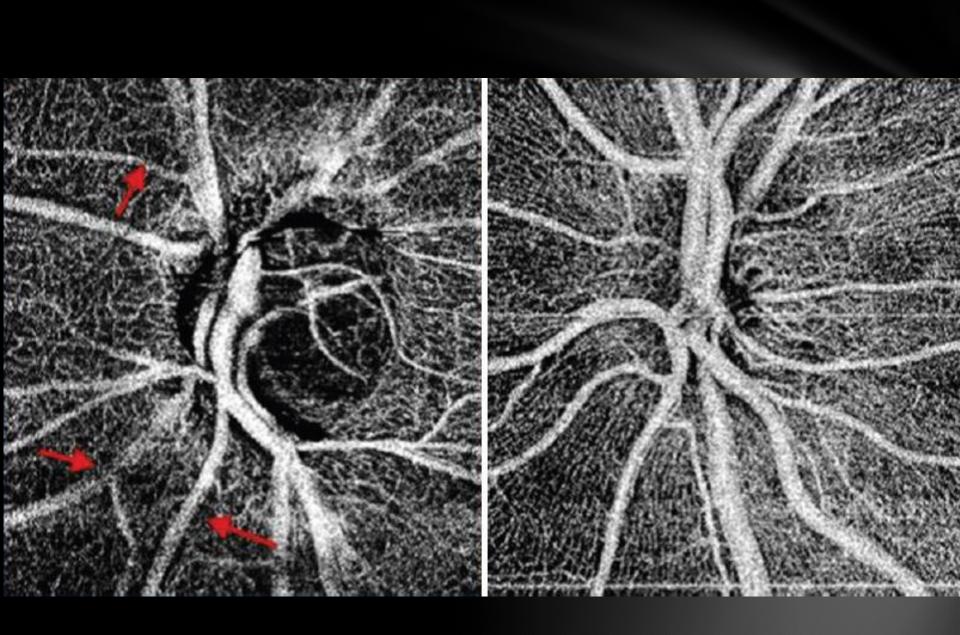
Deep, Polarization-Sensitive Imaging



## Polarization sensitive OCT









#### Researches

The high resolution AOSLO images make it possible to see retinal ganglion cells directly and to visualize the transport of mitochondria within the cells. It is hypothesized that changes in the shape or motion of the mitochondria will predict glaucoma and/or glaucoma progression. The visible light OCT images provide information on the thicknesses of specific layers in the retina, which may change early in glaucoma before vision loss occurs.

## Ganglion cell

